

REFRESHING SUMMER DRINK RECIPE

For the basic refreshing summer drink recipe, you'll start with:

- 1 medium (or two small) cucumbers, thinly sliced
- ½ of one large lemon or a whole medium lemon, thinly sliced
- a small handful of mint leaves
- 1 teaspoon of freshly grated or sliced ginger
- Enough filtered water to fill the pitcher

Thinly slice the cucumber and lemon. If your mint leaves are large you'll want to separate them from the stems. If they're small like those pictured, you can leave them on.

Whether or not you grate or slice the ginger is really a personal preference. If you don't like sipping on little bits of ginger, go ahead and slice it. The flavor will be imparted to the water either way.

Add the lemon, cucumber, mint and ginger to a large glass pitcher.

Fill the pitcher with filtered water and place in the fridge for several hours.